



KEY

	MUSIC ZONES		TOILETS
	MEDICAL POINT		1 MILE MARKER
	HYDRATION AND RECYCLING STATION		

ACTIVATION ZONES

BEATS BOOST Tunes from the noughties to help you find your rhythm for your run.

POWER THRU If you're looking for a carnival atmosphere then this is where it's at! Get ready for the noise, the cheers, the samba and of course the high fives.

PUMP IT UP! Everyone loves a throwback tune! Get ready to hear some blasts from the past, remixed to keep you 'pumped up'!

PEOPLE'S PLAYLIST These are your tunes for your run. Enjoy the ultimate runners playlist, chosen by you.

heart Heart will be there to boost you to your final mile. A DJ Truck will provide an extra dose of motivation to help carry you towards the finish line.

NISSAN Join us at our inclusive cheer zone which celebrates and welcomes the LGBTQ+ community.

TalkTalk For Everyone We'll be setting the pace along the route and cheering you on at our on course Cheer Zone.