

FEEED STATION INFORMATION

VENUE INC. GRID REFERENCE	OPENING TIME	AMENITIES	13 VALLEYS ULTRA		7 VALLEYS ULTRA		5 VALLEYS ULTRA		2 VALLEYS TRAIL	
			START TIME - FRI - 18:00		START TIME - SAT - 06:00		START TIME - SAT - 08:00		START TIME - SAT - 10:00	
			DISTANCE*	CUT-OFF TIME	DISTANCE*	CUT-OFF TIME	DISTANCE*	CUT-OFF TIME	DISTANCE*	CUT-OFF TIME
HONISTER SLATE MINE NY 224 135	FRI 19:15		15.5KM	FRI 21:45						
WASDALE HEAD INN NY 186 087	FRI 21:15		29.0KM	SAT 01:15						
ESKDALE YHA NY 194 010	FRI 22:15		41.5KM	SAT 04:15						
CONISTON BOATING CENTRE SD 307 970	FRI 00:15		60.5KM	SAT 09:15						
JOEY'S CAFÉ AT WRAY CASTLE NY 374 009	SAT 00:15		75.5KM	SAT 13:00						
STICKLE BARN NY 294 064	SAT 02:45		87.5KM	SAT 16:00	13.0KM	SAT 09:15				
BORROWDALE INST, ROSTHWAITE NY 257 148	SAT 04:45		106.0KM	SAT 20:30	30.5KM	SAT 14:00				
GRASMERE GATHER NY 336 073	SAT 06:45		118.5KM	SAT 00:00	43.5KM	SAT 18:30				
AMBLESIDE UNITED, AMBLESIDE, NY 372 043	SAT 07:45		127.0KM	SUN 01:45	51.5KM	SAT 20:30				
THE FILTER HOUSE, HAYESWATER NY 421 130	SAT 09:00		147.0KM	SUN 07:00	71.5KM	SUN 01:00	19.0KM	SAT 15:00		
BURY HOSTEL, GLENRIDDING NY 365 174	SAT 09:45		156.0KM	SUN 09:30	81.0KM	SUN 03:00	28.0KM	SAT 18:15		
THRELKELD VILLAGE HALL NY 319 253	SAT 11:30		170.5KM	SUN 13:00	95.0KM	SUN 06:30	42.5KM	SAT 22:45	8.5KM	SUN 13:15
FINISH NY 263 228			185.0KM	SUN 16:30	109.0KM	SUN 10:00	56.5KM	SUN 03:15	22.5KM	SUN 16:00

*TO NEAREST 0.5KM

- NO SPECTATORS
- SPECTATORS
- HOT DRINKS
- NUTRITION
- HOT FOOD
- SLEEPING
- BAG DROP
- DROP OUT VIA PUBLIC BUS SYSTEM